

Lions Club of Minnamurra

Fishy Tales

December 2017 Newsletter



Fellow Lions

What a great Christmas Party at Steve and Louise Omrod's lovely home recently. We are indebted to them and the many people who coordinated, set up and cleaned up after the party. Well done to all involved and the sixty two people who attended the party. This was followed up by the Club Barbecue on the 28th November at the Kiama Downs Surf Life Saving Club. Thanks to KDSLCL, Hugh, Roy and our friend Daryl Foster who ran the bar. Zone Secretary Wendy and District Governor Peter both attended and spoke enthusiastically about Minnamurra Lions Club.

We were saddened to learn of the death of June Murphy, Peter's wife. We extend our condolences to Peter and family and trust that we were able to celebrate June's life of achievement. Club members always welcome Peter's attendance at our functions and his sharp sense of humour.

It has been pleasing to learn of the good progress of Col Blanchard as he makes a remarkable recovery from his recent operation and illness. We know that Col has many months of rehabilitation ahead of him and we wish him well. He knows if he needs any assistance all he need to do is to call members or the club.

The club now has 45 members with the induction of Bill Lyon and the transfer of Artie Smithers from Figtree Lions to Minnamurra Lions. You are both very welcome to our club and trust that you will enjoy your membership of Minnamurra Lions Club. This means we have had 5 new members since August.

Killalea parking on Sunday December 3rd was another successful day for the club. Some \$2227 was donated at the entrance with many very grateful for the work the club does in organising the parking. Thanks to all members who either set up, supervised the parking and assisted with the closure at the end of the day. John Knox and Ken Horspool do a great job organising these days and I note that they are

again gearing up for the Twilight Market on Saturday 16th December.

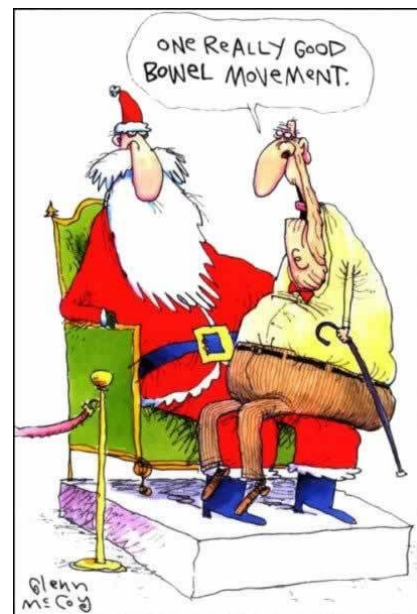
It was very pleasing for the Club that some \$2795 was raised from the Melbourne Cup Trifecta. Money raised is used to send two students to the Outward Bound Camp in April. Thanks to all members who sold tickets and in particular to Hugh Sail for the organisation and our top seller Howard Smith. Well done to all.

I recently requested some assistance for Nesbit Hindmarsh in the selling of Lions Christmas Cakes. We need to sell more cakes before Christmas if possible. Nesbit is waiting to hear from you as we attempt to clear our stocks. Bargain prices at \$17 for one or a special \$34 for two cakes!! Don't miss out.

End of year functions are coming in rapid succession. I am currently representing the club at five school Presentation Days over the next two weeks. (I thought I was finished with these in my retirement). Thanks to Roy for the certificates and to David Tyson for organising the book prizes. I believe it is most important that the club encourages good citizenship and these events give the club a positive and excellent profile in the community.

I would like to take this opportunity to thank all members of the club for their great work over the past six months and to wish you and your family a Happy Christmas and a great 2018.

Yours in Lions
Al Thomas





SECRETARY'S PAGE

Minnamurra Lions Calendar 2017-2018

December

- 8 Jamberoo Public School Presentation Day 9.30am
- 12 Board Meeting-Golf Club, 5pm
Dinner Meeting-Dragon Garden, 6:30pm
- 16 Twilight Market parking at Killalea

January

- 1,4,5,6 & 25,26 Driver Reviver
- 7 Killalea Markets-Parking
- 9 Cocktail Dinner Meeting at KIAMA Surf Club
- 20 Kids Fishing comp BBQ
- 23 Dinner Meeting-Golf Club, 7pm

February

- 4 Killalea Markets-Parking
- 5 Zone Meeting
- 13 Board Meeting-Golf Club, 5pm
Dinner Meeting-Golf Club, 7pm
- 27 Dinner Meeting-Golf Club, 7pm

March

- 4 Killalea Markets-Parking
- 13 Board Meeting-Golf Club, 5pm
Dinner Meeting-Golf Club, 7pm 2VDG visit
- 27 Dinner Meeting-Golf Club, 7pm

April

- 1 Killalea Markets-Parking
- 10 Board Meeting-Golf Club, 5pm
Dinner Meeting-Golf Club, 7pm
- 24 Dinner Meeting-Golf Club, 7pm

May

- 6 Killalea Markets-Parking
- 8 Board Meeting-Golf Club, 5pm
Dinner Meeting-Golf Club, 7pm
- 22 Dinner Meeting-Golf Club, 7pm

June

- 3 Killalea Markets-Parking
- 12 Board Meeting-Golf Club, 5pm
Dinner Meeting-Golf Club, 7pm
- 26 Dinner Meeting-Golf Club, 7pm

We all hope that Roger and Jill are enjoying their 'cruise experience'.



"Hold on, I'll get the camera."



Board Meeting

A few details from the last Board Meeting

The following motions were passed at the Board Meeting on the 14th November:

- ♦ “ A new member will pay a subsidised Joining Fee of \$40 to assist cover new member fees charged by Lions International, a badge and a club work shirt. New members will also pay the cost of a club jacket if they requires one”.
- ♦ “That providing Kiama Council approves the installation of a BMX Track in the Sanctuary Place Quarry, then Minnamurra Lions Club will assist with the installation of that track”.
- ♦ “ That a free offer of a Christmas Cake be made to any deceased Lions members partners every year”.

Treasurer's Page

We've not had our new treasurer for long but he's learned fast — not up to blood sucking yet but he's on a diet of black pudding — so he's developing!



Admin Account:

Account balance on 30th Nov

\$4 043.22

This includes approx.\$1 000 received from party attendees but need to repay organisers some \$2 300. Don't worry, I don't intend to run at a loss. DT

Activities Account:

Account balance @ 30th Nov \$25 138.10

This includes our Trifecta profit of \$2 795.40 plus \$200 donation from winner's mother.

Killalea profits on 3rd Dec are \$2 227.35



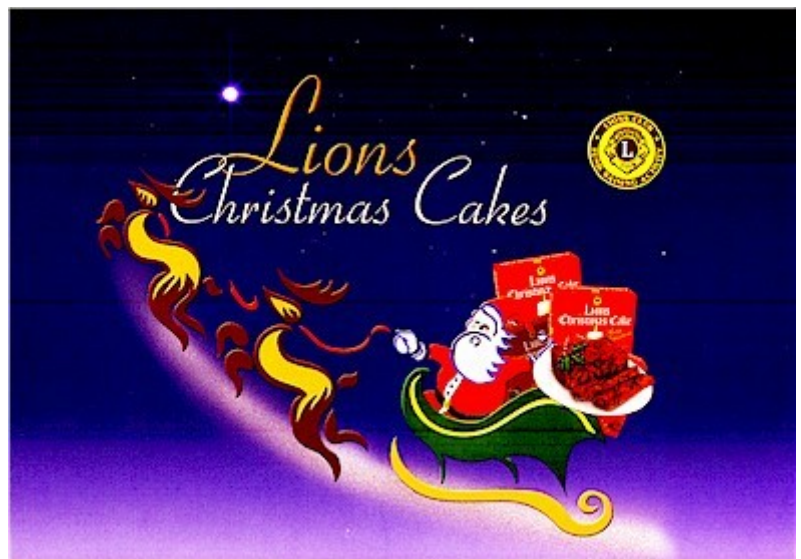
What's On

Just a reminder about our traditional Chinese Christmas Banquet next Tuesday at The Dragon Garden at 6.30 at Terralong St., Kiama - our hostess, Echo, will be preparing a festive feast for us. The cost is \$25 a head and drinks available to purchase; try not to sit in a group with a big eater. We will of course be finishing the night in the usual way with a beautiful Lions Christmas cake - hope to see you there - numbers need to be exact so if you're not coming please let Howard or Kari know by Sunday night - this is important

Thanks, Brian

Cocktail Dinner Meeting on Tuesday 9th January at KIAMA Surf Club—a Mixed Night

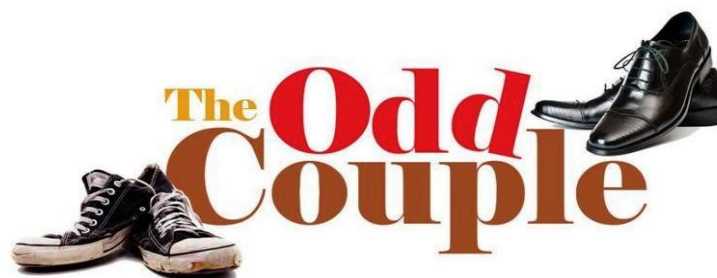
Another new initiative from Brian, Minnamuura Lions' Doctor Doomuch. We will have a pro cocktail maker at work and judging from the amount that some of you drink, you'll not have a cocktail, you'll expect the whole damned chicken. More details soon.



Please keep Denis informed of any changes to address, telephone, e-mail etc.

This will help him to keep our records accurate and up-to-date and if you don't want to keep appearing on work rosters, don't upset him

If you can't make it to a Dinner Meeting, please contact either Howard (new members can usually find him sleeping in the corner during meetings) on 42375909 or Kari Harju by email:- harju@westnet.com



Lions 2017-18 Board and Office Positions

Board - 10 members elected	
President	Al Thomas
Past President	Ross Thompson
Vice President	Travice Pryor
Secretary	Roger Millburn
Treasurer	David Tyson, Steve Omrod-Assistant
6 other Board members	Ken Horspool, Paul McInerney, George Gray, Martin Grove, Mike Bowden.
Other Positions - not elected	
Youth Activities Committee	Mike Bowden, Steve Omrod, Paul McInerney
Xmas Trailer Raffle Committee	
BBQs Committee	Roy Milroy, Phil Woodcock, Hugh Sail, Ross Thompson
Membership Co-ordinator	Denis Beynon
Lion Tamer	Geoff Shoard
Tail Twister	Kevin Bolack & John Hetherington
Lion Carer	Col Blanchard & Brian Divers
Newsletter	Roy Milroy
Melbourne Cup Trifecta	Hugh Sail, Roger Millburn
Xmas Cakes	Nesbit Hindmarsh & Rod Ayling
Driver Reviver	Nesbit Hindmarsh, David Tyson, Brian Divers
Program Co-ordinator	Brian Cox
Publicity Officer	Brian Scott
Webmaster	Mike Bowden
Meeting Venue and Numbers Officer	Howard Smith (e-mails to Kari Harju)
Social Event Co-ordinator	Kevin Bolack
Public Officer	Denis Beynon
Killalea Markets Committee	John Knox (c) Brian Scott, Phil Cooper, Derek Farnell
Red Cross Co-ordinator	Col Blanchard
Red Shield Appeal	Denis Beynon
Kiama Rugby Sevens	Brian Divers
Relay for Life	Martin Grove





Killalea Car Parking.

There are still a few vacant spots and any extras are always welcome so, if you can help, please let Ken know

Killalea Parking Roster

Dec Twilight

Saturday

16/12/2017

Saturday set up Crew

12pm 16/12/17

1	John Knox
2	Mike Bowden

3	Brian Scott
4	Noel Dick

Market Entry Desk

2:00 - 5:00pm

1	Brian Scott
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4:00 to finish

1	Brian Scott
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Disabled Parking

1	Travis Prior
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1	
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Car Park 1 and 2

2:00 - 5:00pm

1	John Knox
2	Martin Grove
3	Ian Coogan

4:00 to finish

1	John Knox
2	Denis Beynon
3	Vaughan Schneider

Car Park 3

3:00 - 6:00pm

1	Ken Horspool
2	Steve Omrod

4:00 to finish

1	Gerard Kenny
2	Paul McInerney
3	Dave Tyson
4	Kevin Lewry

23 time slots in total

Vests, Radios and drinks at Market Entry and at Car Park 3

BBQ on Sunday 14th January

Yes, it's that time again and we're running a BBQ at Black Beach on Sunday 14th Jan. Come and do a real job—don't worry if there's a market at Killalea. Let Roy know if you can help and also which shift you wish to work on (early or late). Don't even think about cooking eggs. Hugh's got a permanent contract for that job and he tells me that it's binding.

From the recent Lions Int. Newsletter

Dear Lions,

Happiness is seeing healthy children run and play and go to school. Unfortunately, in areas where measles is prevalent, some children have those simple pleasures taken away. Nearly 400 people die from measles every day, most of them children. Survivors can be left with life-altering complications including permanent hearing loss, blindness, and brain damage. This doesn't have to happen. Measles is a preventable disease, which is one reason why Lions Clubs International Foundation (LCIF) is supporting measles initiatives. One measles vaccination costs about US\$1. I've seen Lions pull together and accomplish great things, so I know that we can eliminate measles by donating to the cause and volunteering in local measles campaigns. Let's see what we can do to fight measles and give all children a healthy start to life! Consider donating to LCIF's measles initiative, One Shot, One Life.

Sincerely,



Chancellor Bob Corlew
Chairman, Lions Clubs International Foundation

Lions and LCIF Work Together to Fight Measles



As many Lions know, LCIF has committed to raising US\$30 million dollars by the end of 2017, which will go to Gavi, the Vaccine Alliance, an organization that will match LCIF's measles contribution dollar-for-dollar. Meanwhile, Lions are using LCIF grants to get measles and rubella vaccinations to areas that need it the most. Through organized campaigns, Lions are helping to vaccinate children at no cost to their family. Learn how Lions and LCIF are fighting measles by visiting our blog. Help us with the vaccination of 114 million children; donate today!

Open letter to the ALCCRF and members Dr Sara Khan ALCCRF Clinical Research Fellow

Dear Australian Lion's Childhood Cancer Research Foundation and members,

In 2016 I was fortunate to be awarded the ALCCRF Clinical Research Fellowship to undertake work at the Monash Children's Hospital and Hudson Institute of Medical Research. A Paediatric Oncology Fellow, this fellowship has enabled me to establish lab-based research programs into two of the most prevalent and aggressive childhood brain tumours, Medulloblastoma and Diffuse Intrinsic Pontine Glioma. A principle aim of my project is to develop and validate a rapid and costeffective clinical pipeline to determine Medulloblastoma patient tumour molecular subtypes by analyzing archived patient samples from the Monash Children's Hospital and Royal Children's Hospital. I am very pleased to report that I have already processed and analyzed all available fresh frozen tumour samples from both hospitals using a stateof-the-art methylation-based assay and demonstrated that my results completely match with the patient outcomes, international central reviews and comparative international data where available. I am currently acquiring and processing additional formalin-fixed patient samples (a more common specimen storage technique) from both sites for analysis. The establishment of this platform will rapidly translate into the clinical setting with change in clinical practices according to current international standards of treatment. This means that some patients will be identified as being suitable for deescalation of therapy whilst others will have the opportunity to potentially access targeted inhibitors, both leading to improved outcomes and fewer long-term side effects.

Another major goal of my research program is to identify novel treatments for the universally fatal childhood brain tumour, Diffuse Intrinsic Pontine Glioma (DIPG). To date, I have comprehensively screened several patient tumour cell lines using a panel of drug compounds and identified top targets that will be further validated. It is hoped that the outcomes of these experiments will lead to a potentially new therapeutic option for these patients. Given that there is currently no effective treatment for DIPG this would represent a significant step forward in the treatment of this disease.

In addition to my research, the ALCCRF Clinical Research Fellowship also provides me with the opportunity to continue to provide clinical services to patients and families at Monash Children's Hospital and as an Honorary Fellow at The Royal Children's Hospital, where I can participate and attend the state wide tumour board meetings. This is an important part in my continued clinical education and development and allows me to identify gaps in our current clinical understandings that I can begin to explore in the laboratory with my research colleagues.

I am extremely grateful for the opportunity this fellowship has provided me in being able to undertake important translation research whilst also continuing my clinical engagement and development. I look forward to sharing more of my research progress and outcomes in the near future.

Yours sincerely,

Sara Khan

The Back Page

the one you read first

i before e

Except when your
feisty foreign neighbor Keith
leisurely receives eight
counterfeit beige sleighs
from caffeinated
atheist weightlifters.

Weird.

Actually, I can remember being taught that the rule was 'I before e except after c when the sound is ee'. It's not perfect but it works much better.

A young doctor had moved out to a small community to replace a doctor who was retiring. The older doctor suggested the young one accompany him on his rounds so the community could become used to a new doctor.

At the first house, a woman complained, "I've been a little sick to my stomach."

The older doctor said, "Well, you've probably been overdoing the fresh fruit. Why don't you cut back on the amount you've been eating and see if that does the trick?"

As they left the younger man said, "You didn't even examine that woman. How'd you come to your diagnosis so quickly?"

"I didn't have to. You noticed I dropped my stethoscope on the floor in there? When I bent over to pick it up, I noticed a half dozen banana peels in the trash. That was what was probably making her sick."

.. And if you need signs like these, you cannot be a member of the Federal Parliament because you're almost certainly a US citizen ...

